



LEARNING PROGRAMS

Impact Report 2024-2025



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Empowering Canada's Cultural Workforce

Table of Contents

About DTRC	2
Learning Programs	3
Overview	4
About the Learning Programs	5
Demographics and Statistics	9
Testimonials	11
Sponsors and Partners	13

ABOUT



Founded in 1985, the Dancer Transition Resource Centre (DTRC) is a national, charitable organization dedicated to helping dancers make necessary transitions into, within, and from professional* performing careers.

We also operate as a resource centre for the dance community and general public and support activities that improve the socioeconomic conditions of artists across the country.

As a world leader in dancer transition, we are active participants in international conferences and research initiatives and help drive change within the dance community.

VISION

Our vision is to support healthy transitions that improve the lives and livelihoods of professional* Canadian dancers.

MISSION

Our mission is to serve professional* Canadian dancers from diverse backgrounds, dance forms and practices, both at home and abroad, by being a resource for career development and transition.

*See the definition of a professional artist in the [DTRC eligibility criteria](#).



Learning Programs 2024/25

Workshops, presentations, courses, and
events for dance artists

LEARNING PROGRAM DETAILS

Take advantage of our FREE Learning Programs.

Presented by the Dancer Transition Resource Centre (DTRC) in collaboration with regional and national arts service organizations, our Learning Programs welcome dancers into the professional community, and provide them with the skills, resources and networking opportunities they need to make inspired and informed career moves.

MOMENTUM includes both English and French speaking presenters, artists and panelists with simultaneous English/French translation, captioning and ASL/LSQ services as required.



Overview



Industry Connect! DTRC In the Community

Let's connect! See you in the community.



dance your FUTURE: Career Planning Workshops

Dance your future. Plan it now.



DTRC Member Orientation Event

Welcome to the DTRC! We've got your back.



Financial Wellness Series

Manage your money: 3 Sessions



on the MOVE: Launch Pad Career Coaching Cohort

Get savvy with hands-on guidance: 5 Sessions



MOMENTUM

Career Development Conversation & Networking Opportunity



May is for Our Members

Celebrating Dancers, Creating Futures



Industry Connect! DTRC In the Community

Let's connect! See you in the community.

Our staff and representatives were out and about throughout the year, supporting local dance organizations and collaborating with community partners on mini-networking events across the region. Watch our socials for who, where and when.

Everyone is welcome to reach out if you'd like to work together with us at your event.

dance your FUTURE: Career Planning Workshops

Dance your future. Plan it now!

DTRC staff and representatives offered 1-hour Career Orientations and interactive 1.5–2-hour Career Planning Workshops — in person or on Zoom — at dance companies, training programs, schools/studios, and community hubs across the country.

Understand parallel, portfolio and post-performance career pathways. Get answers to key questions about working in dance. Discover essential support organizations in the sector, and of course, learn about DTRC's programs.



MOMENTUM: Career Development Conversation & Networking Opportunity

Real talk about real life in dance.

DTRC proudly hosted this annual Career Development Conversation & Networking Opportunity for the dance sector. This national flagship event — on Zoom — featured a candid panel conversation with acclaimed dance artists about career choices, challenges, strategies, and realities, followed by a digital networking session with invited artists and guest industry leaders.

Be inspired, meet leaders and go-getters on the scene, gain networking skills, connect across the country.

In 2025: 360-Degree Careers & Personal Sustainability



Sophie Dow
Panelist
Territory Acknowledgement



Lisa La Touche
Panelist



Michael Caldwell
Panelist



Angela Mahoney
Panelist



Giulia Tripoli
Host



P. Megan Andrews
Host

Financial Wellness Series

Manage your money: 3 Sessions, Jennifer Long

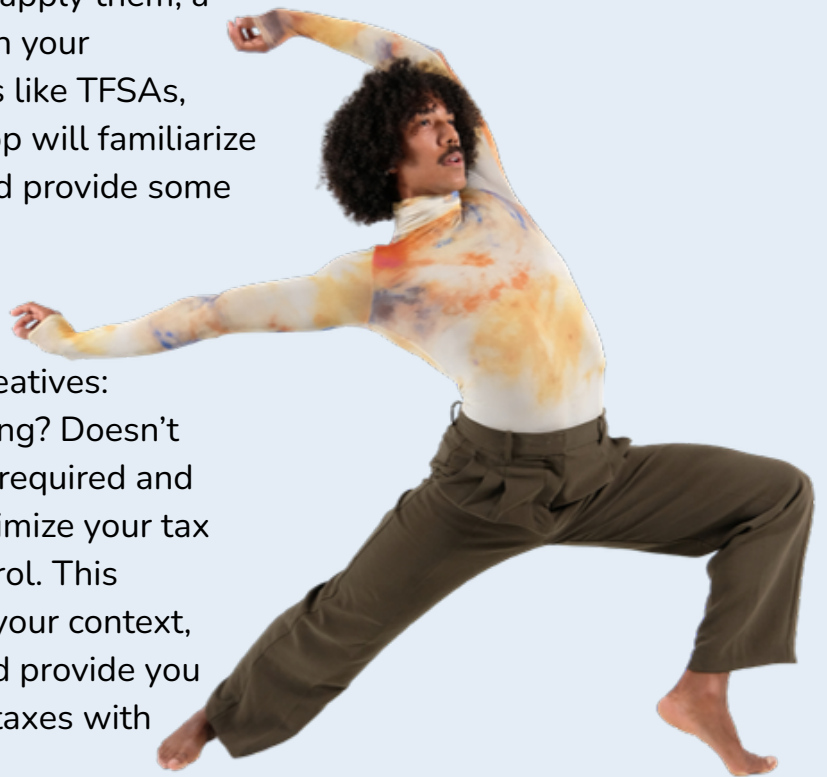


Jennifer Long is a double-certified tax and bookkeeping pro who specializes in helping Canadian creative professionals conquer their finance overwhelm.

SESSION ONE: Basics of Budgeting: Define your vision and give it shape. Balance the numbers and make it real. Personal or project-related, a budget is a key tool to support decision making and practical action. This workshop will help you conquer your fear and find the creativity behind the calculations.

SESSION TWO: Saving & Investing: Develop a practice. Keep it consistent. With some practical strategies and the discipline to apply them, a little can go a long way. Refresh your understanding of financial tools like TFSAs, RRSPs and more. This workshop will familiarize you with common language and provide some key tactics to take away.

SESSION THREE: Taxes for Creatives: Unavoidable? Yes. Overwhelming? Doesn't have to be. Understand what's required and prepare for what's coming. Minimize your tax stress by maximizing your control. This workshop will help you clarify your context, identify relevant categories, and provide you with techniques to tackle your taxes with ease.



on the MOVE: Launch Pad Career Coaching Cohort

Participants built their career connections in these practical “how-to” sessions on Zoom led by DTRC staff-artists — Giulia Tripoli and P. Megan Andrews — along with special guests who had lived the dance life. They participated in a unique, informal group mentorship opportunity with colleagues from across the country. They met five times over two months in a small-group context, brought their materials, asked their questions, and received expert feedback and coaching.

We covered these topics and more in 5 Sessions with hands-on guidance!

- ★ **Balance:** creating a sustainable career
- ★ **Promotion:** developing a professional profile
- ★ **Entrepreneurship:** building a business
- ★ **Networking:** connecting to people & platforms
- ★ **Budgeting:** managing money & contracts

Attend the full Launch Pad series and earn a Certificate of Professional Development from DTRC.



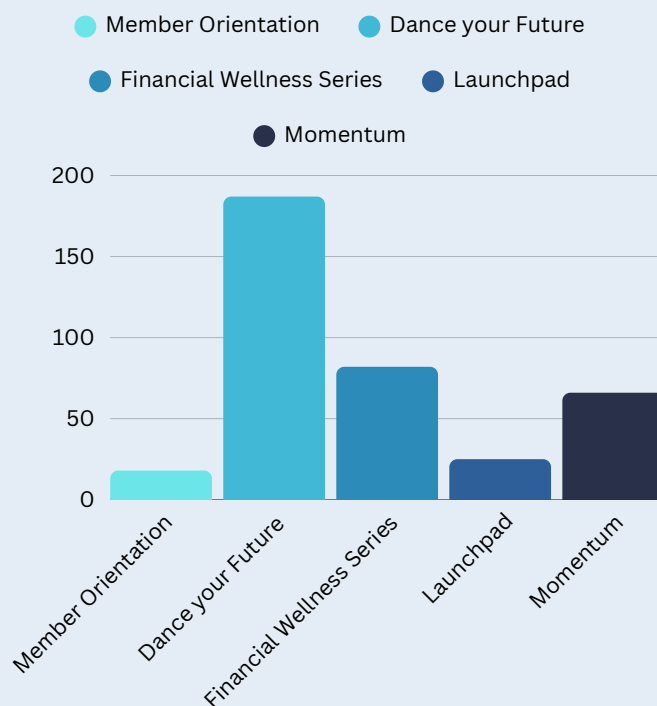
2024/25

Statistics and Demographics

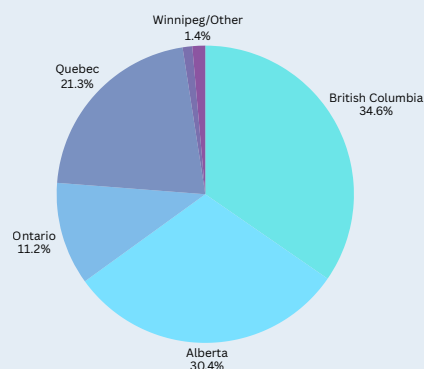
242 individuals registered to attend a virtual Learning Program session.

363 individuals attended a Learning Program, including in-person dance your FUTURE presentations.

Total attendees per initiative



Total attendees per region



Attendees joined from 10 different regions across Canada.



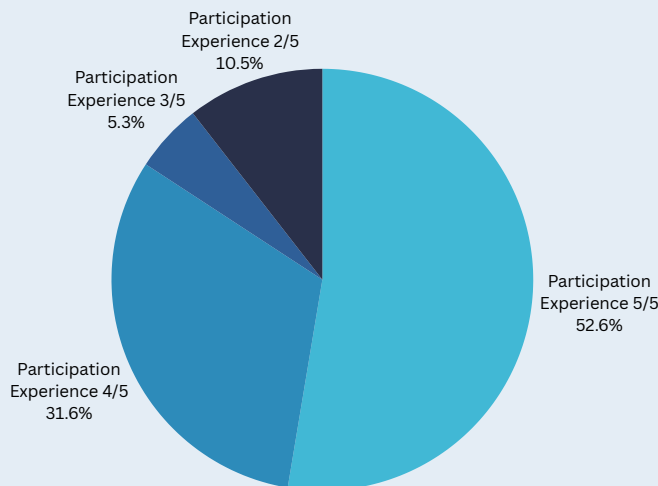
2024/25

Statistics and Demographics

MOMENTUM

March 7th 2025, 9am PST | 11am EST

19 attendees rated this session

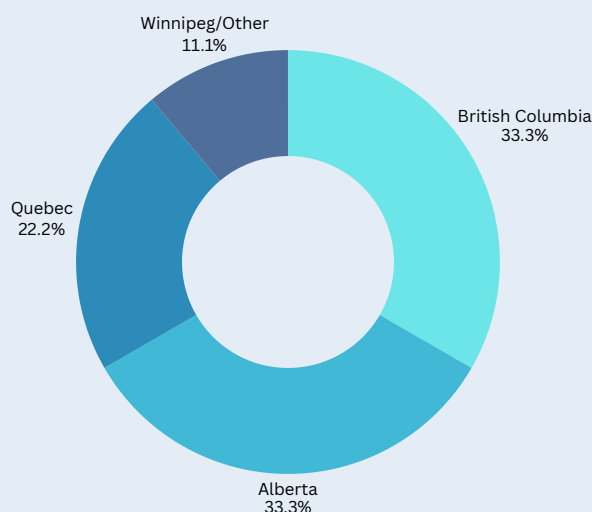


- **53%** of participants rated the content 5/5
- **95%** of participants would recommend this program to a friend
- **37%** of participants rated the quality and format of the content 4/5

dance your FUTURE

September-June 2024/25

9 in-person dance your FUTURE presentations took place



- **187** participants took part in in-person presentations
- **51%** of dance your FUTURE participants took part in Learning Programs in 2024/25

Testimonials

dance your FUTURE presentation at SFU

Jan. 17, 2025

DTRC Presenter: P. Megan Andrews

Testimonial #1: from Rob Kitsos, Associate Professor

Megan does an excellent job outlining the shift from a postsecondary dance program to the local community. This transition has so many possibilities - it can feel overwhelming.

Students always end up feeling less stressed about this change and leave the workshop with a comprehensive list of tools, resources and support systems available to them. Megan also gets students talking about their varied plans and ideas about where they are headed and makes great suggestions about different approaches. We also get a sense of what resources exist throughout the country, as Megan works with each DTRC centre across Canada and has relationships with several other support organisations.

Testimonial #2: from Naz Ozlu, Undergraduate Student

This workshop was wonderful! Megan's explanations were clear, easy to understand, and valuable. She showed us the different kinds of careers we could have with dance, and that alleviated a lot of stress! Me and my classmates left the workshop feeling inspired and hopeful for what our careers may look like!



Testimonials

MOMENTUM

March 7th 2025, 9:00 am PST

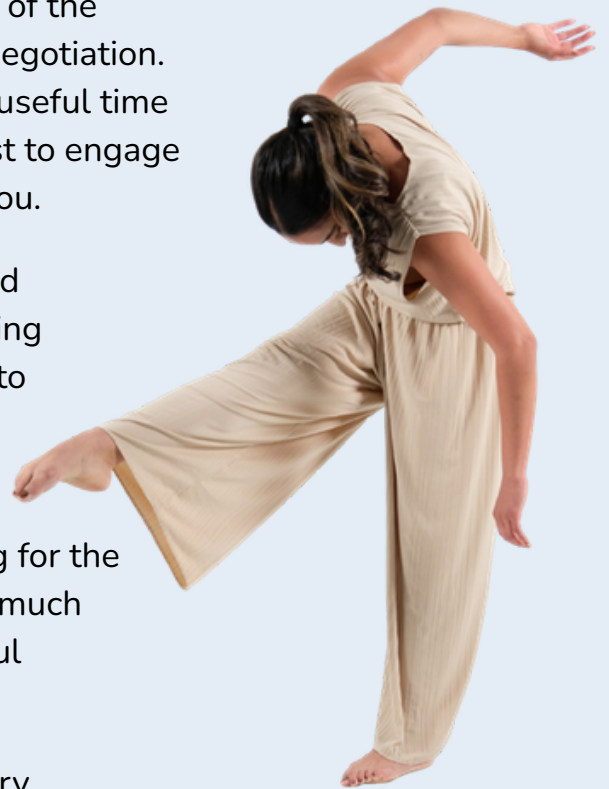
Testimonial #1: I really loved having the opportunity to connect with so many dance organizations, and other working professionals. I feel like I learned so much more on ways to move forward in my career, and how to do so in a way that feels balanced.

Testimonial #2; Breakout rooms were a bit short for the amount of people in each room but the timing of the entire event was perfect so i understand the negotiation. Overall, it sparked a sense of community at a useful time in my career and was enough of a mini catalyst to engage more with people on my own accord. Thank you.

Testimonial #3: such a lovely conversation and incredibly inspiring! Thank you DTRC for offering events like this and giving me an opportunity to connect again with our community and other dancers across Canada 🙏

Testimonial #4: Keep doing what you're doing for the Canadian Dance Ecosystem. Thank you all so much for today's wonderful, inspiring, and thoughtful workshop.

Testimonial #5: I appreciate this workshop very much. I am hoping you repeat this again within a year so we stay connected, updated, and supported.



Thank you to these organizations
for your commitment to dancers' career development

FUNDERS



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The Dance Centre



DANCEONTARIO



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NETWORK
connecting artists and
communities in motion



Healthy
Dancer
The Dance Health Alliance of Canada



ROYAL ACADEMY
OF DANCE



INDUSTRY PARTNERS



INTERPRÉTATION
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