

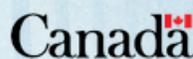


MOMENTUM

CAREER CONVERSATION &
NETWORKING EVENT

2026 PROGRAM BOOKLET

Funded by the Government of Canada
Financé par le gouvernement du Canada



Canada Council Conseil des arts
for the Arts du Canada



ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO
an Ontario government agency
un organisme du gouvernement de l'Ontario



FUNDED BY
THE CITY OF TORONTO
**TORONTO
ARTS_COUNCIL**



THE
WINNIPEG
FOUNDATION **W**
Your Community Foundation
For Good. Forever.



Culture Works Canada
Empowering Canada's Cultural Workforce

The Catherine and Maxwell
MEIGHEN FOUNDATION

Territory Acknowledgement

We acknowledge the lands, waterways, languages, and Indigenous peoples of Turtle Island – First Nations, Inuit and Métis – who have been living on these lands since time immemorial.

As we gather, digitally and in person, we offer our recognition and respect to all these peoples and places that are connected through our engagement together.

We, at the Dancer Transition Resource Centre, commit to the ongoing work and learning required of all of us to address past and persistent harms, and to move into good relations with Indigenous peoples.

We invite you, our guests at MOMENTUM, to acknowledge your own geographic locations and personal lived experiences, and to deepen your own learning with respect to processes of decolonization and reconciliation.

BECOME A MEMBER

ACCESS MEMBER BENEFITS



EMPOWER YOURSELF

Access Counselling

EXPAND YOUR RANGE

Skills Grants

EXPLORE YOUR OPTIONS

Career Exploration Grants

EMBARK ON YOUR PATH

Study Grants

EXTEND YOUR FINANCES

Subsistence Grants



Contact us: membership@dtrc.ca

LEARNING PROGRAMS

Workshops, presentations, courses and events for dance artists.

Take advantage of our FREE Learning Programs.

Presented by the Dancer Transition Resource Centre (DTRC) in collaboration with regional and national arts service organizations, our Learning Programs welcome dancers into the professional community, and provide them with the skills, resources and networking opportunities they need to make inspired and informed career moves.

MOMENTUM includes both English and French speaking presenters, artists and panelists with simultaneous English/French translation, captioning and ASL/LSQ services as required.



EVOLVE YOUR CAREER



YEAR ROUND

Industry Connect! DTRC In the Community

Let's connect! See you in the community.



SEPT-JUNE

dance your FUTURE: Career Planning Workshops

Dance your future. Plan it now.



Virtual Season Launch and Info Session

Welcome to the DTRC! We've got your back.



Financial Wellness FOR DANCERS

Manage your money: 3 Sessions



Career Wellness FOR DANCERS

2 workshops focusing on dancer-specific transferrable skills.



Launch Pad: on the MOVE Career Coaching Cohort

Get savvy with hands-on guidance: 5 Sessions



MOMENTUM

Career Development Conversation & Networking Opportunity



May is for Our Members

Celebrating Dancers, Creating Futures

FUNDERS

Funded by the Government of Canada
Financé par le gouvernement du Canada

Canada



Canada Council
for the Arts

Conseil des arts
du Canada



ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO
an Ontario government agency
un organisme du gouvernement de l'Ontario

Ontario

FUNDED BY
THE CITY OF TORONTO

TORONTO
ARTS _ COUNCIL

THE
WINNIPEG
FOUNDATION
Your Community Foundation
For Good. Forever.



Culture Works Canada
Empowering Canada's Cultural Workforce

The Catherine and Maxwell
MEIGHEN FOUNDATION

COMMUNITY PARTNERS

CADA
WEST

CADA
EAST

CANADIAN
ALLIANCE OF
DANCE ARTISTS

20th
ANNIVERSARY
DANCE WEST NETWORK

CA
AC



The Dance Centre



DANCEONTARIO

DANCE
SASKATCHEWAN INC.

duo



Cultural Pluralism in the Arts
Movement Ontario
(CPAMO)



Healthy
Dancer
Canada
The Dance Health Alliance of Canada

en piste
REGROUPEMENT NATIONAL DES ARTS DU CIRQUE
NATIONAL CIRCUS ARTS ALLIANCE

new
works
DANCE

ROYAL ACADEMY
OF DANCE

UNITY

Work in
Culture

YOUNG LUNGS
DANCE EXCHANGE

PuSh
INTERNATIONAL PERFORMING ARTS FESTIVAL

INDUSTRY PARTNERS

TSLIS

AFC

WORLD
COMMUNICATIONS



Anderson Performance Clinic



INTERPRÉTATION
SIGNES ET PAROLES



MOMENTUM

FRIDAY MARCH 13, 2026, ZOOM

9:00AM - 11:30AM PST | 12:00PM - 2:30PM EST

Real talk about real life in dance.

DTRC proudly hosts this annual Career Development Conversation & Networking Opportunity for the dance sector. This national flagship event - in Zoom - features a candid panel conversation with acclaimed dance artists about career choices, challenges, strategies and realities, followed by a digital networking session with invited artists and guest industry leaders.

In 2026: From Side Hustle to Career Path: Maximizing your skills & talents



Raven Grenier
Panelist
Territory Acknowledgement



Ben Waters
Panelist



Adèle Ross
Panelist



Nickeshia Garrick
Panelist



Giulia Tripoli
Host



P. Megan Andrews
Host

OUR PROGRAM

1

Hosted Conversation:

A moderated discussion with four dance artists on diverse pathways about about career choices, challenges, strategies and realities, led by DTRC staff-artist Giulia Tripoli.

2

Dance Ecosystem Presentation:

A brief overview of the dance sector's ecology by DTRC ED P. Megan Andrews, exploring national supports and organizations.

3

Networking:

Zoom breakouts by theme/topic, a dynamic "speed dating"-style session with all artists, invited organization representatives, DTRC staff, and attendees.



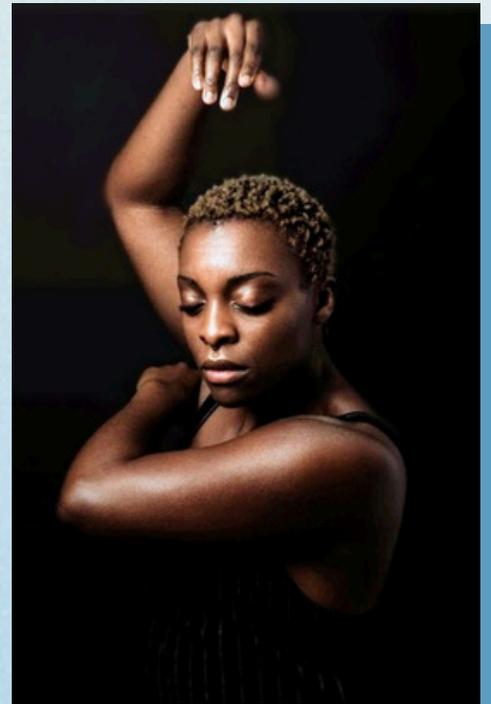
Raven Grenier is a Gitksan, Mushkegewok (swampy Cree) and mixed settler Indigiqueer artist residing in Salish territory. They are an emerging choreographer, dancer, Indipop artist, and visual artist in formline design, working with Indigenizing and upcycling fast fashion brands, printmaking, and collaborative formline jewelry work. Raven's first production, its first iteration known as Wolverine, will premier at at the cultch as part of their 2027/2028 season. Wolverine has been performed and was created through pakitnam 2024, was performed at coastal dance festival 2025, vines 2025, and transform festival 2025. Raven is also the emerging artist in residence for raven spirit dance for 2025/2026.



Ben Waters is a dancer and composer from Burnaby, British Columbia, Canada. Ben is a lifelong musician and self-taught composer with a passion for integrating dance with music. Ben was first commissioned to compose original music for Ethan Colangelo's "a vanishing thread" (Jan 2022) for Whim W'Him in Seattle. Since then, Ben has composed several scores for Ethan and many other voices in the North American and European dance communities including Ballet BC, the National Ballet of Canada, BODYTRAFFIC (Fernando Magadan), Ballet de Monterrey (Robbie Fairchild), Dallas Black Dance Theatre (Norbert De La Cruz III), The Joffrey Ballet (Martha Nichols), and many more. Although each of Ben's original compositions vary in style, his musical works are often characterized by rich harmonic soundscapes, soaring melodies, and heavy, intricate percussion



Nickeshia Garrick is an award-winning and multi-nominated artist who holds a BFA in Dance from Simon Fraser University (Vancouver), and is a Co-Founder of CinnaMoon Collective, a 2x Dora-nominated dance collective. Nickeshia is currently working on the next iteration of her solo work, the ties that Bind us, the ties that Bond us, which recently showed as part of Toronto Dance Theatre (TDT) Eyes on Beginnings Sharing Fall 2025 at the Winchester Street Theatre. Lastly, community connection and knowledge sharing are imperative parts of Nickeshia's practice. They are currently working with the Jamii on the Esplanade community, offering free movement/creation workshops to older adults.



Adèle Ross is a Montreal-based dancer, choreographer, teacher, and arts administrator who, through Hip-Hop, developed a passion that led her to choose the professional path. After graduating from The School of Toronto Dance Theatre, she went on to perform with Rubberband Dance Group, Jessica Joy Muszynski, Litt Dance Collective and Pulga Muchochoma, amongst others. Currently, she is most involved in arts administration, production and her practice SOUS-TENUS, with Joshua Yates, which includes choreography and teaching centred around partner work. Adèle endeavours to use both her dance knowledge and administrative tools to help the ecosystem of dance thrive over time.



Giulia Tripoli is a multifaceted artist, choreographer, and educator who has been shaping stages and minds locally, nationally, and internationally since 2008. She is the founder of Tripoli Studios Inc. which has become a Montreal staple for any dancer or teacher looking to be in an open and accepting environment. Known for her signature style and deep-rooted passion for the arts, Giulia brings authenticity, innovation, and discipline to everything she creates. As a dynamic host and speaker, Giulia uses her voice to inspire, advocate, and spark meaningful dialogue—empowering the next generation of creatives while fostering connection and transformation through every performance, class, and conversation.



As a multi-focused dance artist, scholar, writer and movement educator, **P. Megan Andrews** embraces a portfolio of activities that differently combines her expertise, skills and passions. Three themes run through them all: movement, communication and education. She has been a leader, advocate and mentor in the dance sector for over 25 years and maintains an active practice in contemporary/experimental/multi-media performance and research. She is Executive Director at DTRC and Founding Editor of *The Dance Current* magazine.

MOMENTUM 2026 COMMUNITY PARTNERS



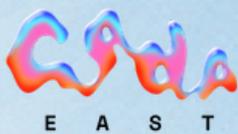
The **AFC** is the national charity for the people who work in film and TV, theatre, dance, music, and live performance – on stage, screen, and behind the scenes. Through compassionate support, we help Canadian dance artists and other entertainment industry professionals maintain their health, dignity and ability to work.

afchelps.ca



The **Canadian Dance Assembly (CDA)** is the voice of the professional dance sector in Canada and promotes a healthy, sustainable environment in which professional dance practice can grow and thrive. CDA is a reputable source of information on the current state of dance in Canada and provides representation to policy makers and the public. CDA enables its national membership of dance professionals and organizations to connect with their peers through regular communications, conferences, forums and workshops, and facilitates opportunities for networking, dialogue and exchange relevant to the Canadian dance sector.

cda-acd.ca



**CANADIAN
ALLIANCE OF
DANCE ARTISTS**

The **Canadian Alliance of Dance Artists, East (CADA/East)** is a not-for-profit organization that supports and educates its membership of independent dance artists, promoting the use of best practices within an evolving sector.

cadaontario.wildapricot.org

MOMENTUM 2026 COMMUNITY PARTNERS



The **Canadian Alliance of Dance Artists/West (CADA/West)** represents a membership of over 200 dance artists and cultural workers across BC, AB, SK, MB, and the YT. We envision a world where dance artists are socially and economically celebrated. Through our subsidies, resources and outreach, we empower dance artists from all forms and cultures.

cadawest.org



Led by dance artists' vision and business endeavours, **Dance Umbrella of Ontario (DUO)** directly collaborates with clients to provide pragmatic business strategies and solutions to their multi-faceted projects. Founded by the Ontario Arts Council, DUO provides affordable arts management services catered to support the unique needs of our clients. Whether you are seeking to outsource your work on a short one-time basis or looking to hire us year-round for your finances, production, touring, marketing, arts rental, explore the wide range of benefits as a DUO client with the ability to cherry-pick the services that fit your business needs and see your business grow and thrive.

danceumbrella.net

MOMENTUM 2026 COMMUNITY PARTNERS



dance Immersion is a charitable non-profit organization established by Vivine Scarlett in 1994 to produce, promote, and support dancers and dances of the African Diaspora. The African Diaspora refers to communities around the world that are descended from the historic, primarily forced, movement of peoples from the continent of Africa. We offer presentation, skill development, and networking opportunities for Blacks in dance, serving artists who practice contemporary and traditional movement forms from Africa, the Caribbean, North America, South America, and Europe. With over 26 years in service, dance Immersion experiences considerable success in connecting dance artists across Canada and around the world.

danceimmersion.ca



The roots of **Dance West Network** connect BC through dance. Our new name allows the work to reach even further by supporting our efforts to be more inclusive, to centre dance, to facilitate connections between communities and dance artists sharing vibrant practices and experience, and to create collaborations that work towards greater equity for historically excluded dance artists and audiences, offering opportunities for people from all over BC to learn about the arts, express themselves creatively and celebrate a shared humanity through dance.

dancwest.net

MOMENTUM 2026 COMMUNITY PARTNERS



Dance Nova Scotia is the umbrella service organization for all forms of dance in Nova Scotia. Founded in 1974 and incorporated in 1975, it is one of eight provincial cultural service organizations that comprise the Cultural Federations of Nova Scotia, which are funded by the province. Dance Nova Scotia is a registered charitable organization governed by a Board of Directors elected from the community.

dancens.ca



New Works is an innovative organization that exists to support dance artists, cultivate audience, and provide and promote diverse and accessible performance experiences. We provide ongoing and project-based dance management services to companies and artists and we curate and present a dance series that offers meaningful opportunities to interact, lead, and teach, as well as perform.

newworks.ca



Young Lungs Dance Exchange is a not-for-profit artist-run support organization committed to the development, creation and presentation of contemporary dance and performance on Treaty 1 Territory, Winnipeg, MB. Young Lungs Dance Exchange supports the evolution of dance in Manitoba through training, research, creation, and presentation initiatives for artists.

younglungs.ca

MOMENTUM 2026 COMMUNITY PARTNERS

ROYAL ACADEMY OF DANCE

With a belief that everybody should have the opportunity to dance, the **Royal Academy of Dance (RAD)** is a world-leading dance, education, and training provider. Enriching the world's arts and cultural communities, the RAD has a strong membership base spanning 85 countries, including Canada.

royalacademyofdance.org/en-ca/



Dance Saskatchewan Inc. is a non-profit organization established to serve and support the development and delivery of dance throughout Saskatchewan. We facilitate the creation and sharing of dance, gather and distribute dance information, advocate and promote dance, and enable dance accessibility through programs and funding.

dancesask.com



Dancer Transition Resource Centre (DTRC) is a national, charitable organization dedicated to helping dancers make necessary transitions into, within, and from professional performing careers. We also operate as a resource centre for the dance community and general public and support activities that improve the socioeconomic conditions of Canadian artists. As a world leader in dancer transition, we participate in international conferences and research initiatives and help drive change within the dance community. We believe that dance is one of the most challenging professions, physically, emotionally and financially and that transitions are inevitable. Our goal is to ensure that dancers have the tools they need to reach their potential throughout their dance career and after retirement from performance.

dtrc.ca

INDUSTRY AND COMMUNITY PARTNERS



Canadian Actors' Equity Association represents professional artists including performers (actors, singers, dancers), directors, choreographers, fight directors, intimacy directors and stage managers, engaged in theatre, opera and dance in English Canada. Equity supports the creative efforts of its members by seeking to improve their working conditions and opportunities. The business of Equity is to negotiate and administer collective agreements, provide benefit plans, information and support, and act as an advocate for its membership.

caea.com



Actsafe is a not-for-profit health and safety association supporting British Columbia's arts and entertainment industries. Since 1998, we have been serving our industries by providing resources and training to employers, workers, and supervisors to achieve a healthy and safe workplace. We are always here to provide information relevant to best practices around health and safety in the arts and entertainment industries.

actsafe.ca



Cultural Pluralism in the Arts Movement Ontario (CPAMO) began in 2009 as a movement of Indigenous and racialized artists seeking opportunities to engage with presenters across Ontario by enabling them to develop constructive relationships with Indigenous and racialized artists. CPAMO works to establish a new paradigm of pluralism where we do not leave our identities and beliefs behind, instead we hold our genuine differences not in isolation, but in relationship to each other through dialogue; revealing our common understandings and authentic differences. CPAMO functions as a network of Indigenous and racialized artists involved in theatre, music, dance, visual and literary arts with an overarching goal to help foster the creation of high-quality art from diverse backgrounds and support its presentation on all stages in Ontario.

cpamo.org

INDUSTRY AND COMMUNITY PARTNERS



Established in 1986 as a resource centre for dance professionals and the public in British Columbia, **The Dance Centre** is a multifaceted organization offering a range of activities unparalleled in Canadian dance. Working to support the development of a vibrant dance scene in BC, it provides programs, resources and services for artists; presents performances and events; operates Scotiabank Dance Centre, one of Canada's flagship dance facilities; and promotes BC dance. thedancecentre.ca



Healthy Dancer Canada's mission is to foster and facilitate communication and collaboration among the dance community, health professionals and researchers. We endeavour to enhance the health, well-being and performance of all dancers and to be the Canadian leader in this effort. Become a member today! healthydancercanada.org



Founded in 1984, the **Regroupement québécois de la danse (RQD)** represents and defends the interests of dance professionals, in order to promote the growth and visibility of choreographic art, and to contribute to the improvement of dance practice conditions. quebecdanse.org

INDUSTRY AND COMMUNITY PARTNERS



The Dance Current is Canada's dance magazine, taking you inside the art and culture of dance in Canada. Bi-monthly issues include artist profiles, interviews, feature articles, opinions and critical commentary. Our online content includes features, news, videos, contests and reviews of dance performances across Canada. The Dance Current is an indispensable resource and communication tool for dance professionals. We also offer free online performance listings and paid advertising options for promoting your performances, events, products and services. Available by subscription and by single copy at selected physical and digital newsstands, The Dance Current is essential media for anyone with an interest in dance.

thedancecurrent.com



Toronto Sign Language Interpreter Service (TSLIS) is a company that provides interpretation services for Deaf and hard of hearing individuals in the city of Toronto. Providing communication accessibility is an essential service that can only be provided by qualified, trained, skilled individuals which TSLIS will employ and assign to requested clients needing accessible services.

tslis.ca



The **Union of British Columbia Performers (UBCP/ACTRA)** is an autonomous branch of ACTRA (Alliance of Canadian Cinema, Television and Radio Artists), the national organization of professional performers working in the English-language recorded media in Canada. UBCP/ACTRA's almost 8,000 members are an integral part of the approximately 28,000 Performers who have come together to build ACTRA, the strongest Union of cultural workers in Canada.

ubcpactra.ca

INDUSTRY AND COMMUNITY PARTNERS



Unity is a national charity that helps youth develop resilience through Hip Hop-based programming, and provides development and employment opportunities to emerging Hip Hop artists from across Canada. Unity provides free, weekly programs that introduce youth ages 13-29 to breaking, street dance, beatboxing, spoken word poetry, MCing, and graffiti arts, while offering lessons in goal setting, collaboration, community building, stress and anxiety management, positive self-expression and communication. Unity also offers opportunities to emerging Hip Hop artists to deepen their artistic practice and strengthen their creative businesses through its Artist Training & Development program, the only Hip Hop-centric offering of its kind in Canada that cultivates skills in performance, facilitation, business development and creative mentorship.

unitycharity.com



World Communications has been a Canadian leader in language, translation, interpretation, multilingual and multicultural communications and media services since 2008. We help organizations through translation and interpretation to build internal and external communications all around the world. We assist people, companies, NGOs and governmental organizations with quality translation, interpretation, communications and media services, providing top quality innovative and customized customer service and professional support.

worldcommunications.ca/company



The Dancer Transition Resource Centre is a national, charitable organization supporting the career development and transition of professional Canadian dancers. DTRC provides services and funding to members including counselling, skills grants and retraining grants. DTRC also offers community programs available to all dancers, members and non-members, including professional development workshops and networking opportunities.

In our efforts to continue supporting dancers, the DTRC would like to provide resources for

those in crisis or needing additional support:

Crisis Services Canada / Talk Suicide Canada
9-8-8

Text (4pm-12am ET daily): 45645
In Quebec: 535353

Quebec
1-866-277-3553

Or visit [Wellness Together Canada](#) to access different levels of support.
All hotlines are available 7 days a week and 24 hours a day.

You are not alone.

"Wellness is not something to achieve;
it's an ongoing practice – just like dancing."

DANCER TRANSITION RESOURCE CENTRE



Become a DTRC Member Access member services

Counselling
Skills Grants
Career Exploration Grants
Study Grants
Subsistence Grants

Contact us: membership@dtrc.ca

Funded by the Government of Canada
Financé par le gouvernement du Canada



Canada Council
for the Arts
Conseil des arts
du Canada



ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO
an Ontario government agency
un organisme du gouvernement de l'Ontario



FUNDED BY
THE CITY OF TORONTO
**TORONTO
ARTS_COUNCIL**

THE
WINNIPEG
FOUNDATION
Your Community Foundation
For Good. Forever.



Culture Works Canada
Empowering Canada's Cultural Workforce

The Catherine and Maxwell
MEIGHEN FOUNDATION