

"BREAK THE ICE" WITH BHANGRA WARM-UP



HARDEEP SAHOTA - ROYAL ACADEMY OF BHANGRA

Hardeep Sahota is the director of the Royal Academy of Bhangra, the first not-for-profit academy in Canada to offer a formal Punjabi Folk Dance education with a syllabus consisting of three grade levels. The Academy's Dance Director, Hardeep Singh Sahota, was key in the development of the bhangra syllabus program for all Canadian Dance Teachers, BC Branch. The Academy successfully uses the art form of bhangra as a creative outlet to promote skill, discipline, and physical fitness, and to provide team building and leadership initiatives for youth. The Academy offers training in Punjabi Folk Dances such as (Male Dances) Bhangra, Jhummar, Dhamal and Malwai Giddha (Giddha, Sammi, Luddi and Kikli).

MEET YOUR MENTORS - INTERDISCIPLINARY ARTIST PANEL



DEANNA PETERS

A professional artist for the past 13 years, Deanna Peters creates, performs, teaches and produces dance for stage, web, video, site-specific and beyond. She also works professionally in graphic design and digital communications, enabling her to re-imagine her movement practice through other media. Whether she's working in or out of the studio, Deanna is on a mission to bolster dance as an art form and to find new arenas to infiltrate with choreography. It's all dance: mutablesubject.ca



HEATHER LAURA GRAY - DA COSTA TALENT

Heather Laura Gray began her training at L'Ecole Superieur de Dance du Quebec, The Goh Ballet and trained independently in voice, acting and many other dance disciplines. She has performed on stage and screen as an actor, dancer and singer. Heather's journey has weaved her into the commercial and company sectors of dance. She has performed for the response. Dance Company/Amber Funk Barton, Restless Productions/Claire French, Marta Marta Productions/Martha Carter & Dancers Dancing/Judith Garay. Recently Heather choreographed for Warner Brother's iZombie, A&E's "Bates Motel", Hallmark Network's "Harvest Moon", Lifetime Network's Movie "If There be Thorns", American Family Insurance, Crayola, Tree House/YTV's "Bobs and Lolo", the Fox series "The Killing", as well as Eco Fashion week's designer Nicole Bridger. Heather's new work in progress "The Tunnel" will be presented by New Works alongside OURO Collective February 28th, 2016. Visit www.heatherlauragray.com for more details.

JOSH MARTIN - CONTEMPORARY



Originally from Alberta, Josh Martin is a diversely trained dance artist with a career-to-date that has led him across North America and Europe, studying and performing in many genres along the way. Josh primarily works as Artistic Co-Director of Company 605, a Vancouver-based arts organization creating and producing new dance works through a collaborative process, regularly touring throughout Canada and Internationally. As a performer and collaborator, he has also worked with many other dance companies and independent choreographers such as Amber Funk Barton, Martha Carter, Gail Lotenberg, Day Helesic, Karen Jamieson, Helen Walkley, Dana Gingras, Tiffany Tregarthen and David Raymond (Out Innerspace Dance Theatre), Vanessa Goodman (The Contingency Plan / Action at a Distance), Wen Wei Wang (Wen Wei Dance), and as a past company member of Le Groupe Dance Lab in Ottawa under the direction of Peter Boneham. His solo work has been presented in Vancouver, Victoria, Moncton, Portland, Seattle, throughout Germany (Winning 1st Prize for Choreography at the Internatonal SoloTanz Festival in Stuttgart), and as part of the National Arts Centre's 2014/15 Season in Ottawa. Off the stage, he serves on the Artistic Advisory Committee for The Dance Centre in Vancouver, and is Past-Chair of the Canadian Alliance of Dance Artists. Josh was the recipient of Vancouver's 2013 Mayor's Arts Award - Emerging Dance Category. www.company605.ca

SHANNON TEAT - DA COSTA TALENT



Shannon officially joined the da Costa Talent team in July 2015 after working with them for several contracts during the busy seasons from 2012-14. She possesses not only extensive experience on both sides of the table but also a passion for musical theatre and an in-depth perspective on the dance industry.

Shannon grew up in Vancouver, where she trained in jazz, ballet, tap, hip hop, and musical theatre, singing, and acting. She was a member of the Source Dance Company its very first year, and now sits on their audition panel. Her performance credits include commercials, tv, motion pictures, as well as motion capture for video games. Some of her favourite credits include travelling the world as a dancer and singer with Royal Caribbean Cruise Lines, touring North Africa entertaining the Canadian troops, and through China in revue-style shows. She has worn many hats in the arts choreographing for studios and workshops across Canada, and adjudicating regionally and nationally. Her work ethic, approachability and professionalism has led her to be a natural selection to be awarded rehearsal director positions for dance and theatre companies, and lead casting and audition tours for various projects.

ALPHA NG



An accomplished alumni of Goh Ballet Academy, Alpha can tell you what it's like to audition and work for a professional ballet company -both in Canada and abroad. She secured coveted spots, as a returning company performer, with Singapore Dance Theatre and Alberta Ballet. Alpha has since gone on to complete her degree and work abroad in Europe. She has transitioned, lived in England, lived and worked in England and France, and then moved into another exciting role - in the future operations department at lululemon athletica. If that's not enough, she's also a skilled freelance musician. You may find her accompanying dance classes at Harbour Dance Studio and about town.

"MEET YOUR SUPPORT NETWORK": NETWORKING LUNCH

Exciting career contacts are coming ***just to meet you over lunch!*** See "Community Fair" and find your "Community Fair Passport" list for details.... Your big chance to **WORK THE ROOM!** Lunch is **provided to participants who pre-registered on our website** before the deadline (please check your name tag or ask us if you're unsure).



Canadian Dance Assembly
L'Assemblée canadienne de la danse



The Dance Centre



AFTERNOON SESSIONS

INCOME TAX FOR SELF EMPLOYED DANCE ARTISTS



MARIANNA SCOTT - QUANTUM ACCOUNTING

Working from contract to contract...How do you begin to get organized? What kind of expenses could you deduct as a dance professional?

Marianna has been involved in bookkeeping and taxes for small businesses for over 15 years. Since coming to Quantum Accounting in 2003, her main focus has been on working with self-employed artists and arts organizations. Save yourself time, stress and money by asking the expert now. Take full advantage of this free intro -Approachable, Relevant & Empowering!

NUTRITION FOR DANCE PERFORMANCE

CRISTINA BUCCI



Cristina Bucci is a dancer, choreographer, teacher and nutritionist whose career has taken her around the world. While training in London, England she decided to pursue her passion for nutrition and upon returning to Vancouver she studied at Canadian School of Natural Nutrition where she attained the professional designation as Registered Holistic Nutritionist (R.H.N.) with honors. Her background in dance has since led her to develop seminars with the specific needs of dancers in mind. Her hopes with these seminars are to educate young dancers of the importance of a healthy diet and lifestyle for a long and successful dance career.

Cristina is currently practicing as a nutritionist in Vancouver, BC and is Co-Artistic Director of OURO Collective, teaches at Harbour Dance Centre and presents her seminar for local dance schools/companies and training programs.

Nutrition Site: www.cnutrition.ca

OURO Collective: www.ourocollective.com

CAREER PLANNING -MAP YOUR FIRST YEAR OUT

HOWARD JANG



Trained first as a musician, Howard Jang appreciates both the importance of artistic vision and the requirement for strong financial and strategic planning to support it. He has extensive training and experience in performing arts management in both a professional and a volunteer capacity.

At Stanford University's Graduate School of Business, he completed the National Arts Strategies Executive Program for Leaders in the Non-Profit Arts. He began his arts administrative career with the Orchestra of St. Luke's (NYC) and the Vancouver Symphony Orchestra. He has served as Executive Director of the Winnipeg Symphony Orchestra, Ballet British Columbia and, since 2000, Vancouver's Arts Club Theatre.

FINAL WRAP-UP ACTIVITY & PRIZE DRAW