

WINNIPEG ARTIST BIOS

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on the **MOVE** 2019

INJURY PREVENTION & CARE - KATIE ZWINGEMAN



Katie graduated from the University of Manitoba with a Bachelor of Physiotherapy. She has post-graduate training in selective functional movement assessment, functional movement screening, acupuncture and is a clinical pilates instructor. Since graduating, Katie has worked as a physiotherapist in New Zealand, Australia as well as here in Winnipeg. She has had the opportunity to work as a trainer for an Australian football team while living overseas.

Coming from an athletic background with 15 years of gymnastics and over 20 years of dancing, she understands the difficulties of being limited by an injury and enjoys working with clients of all ages and ability levels. Katie loves to live an active, balanced lifestyle with involvement in dance, running, yoga, cross-country skiing, snowboarding, hiking, meditation and surfing whenever possible.

Katie takes a holistic, balanced approach to client care, respecting each individual's goals. She is very excited to be a part of the Lifemark team and to provide clients with case-specific care using a combination of active recovery and hands-on treatment.

NETWORKING SESSION - STEPHEN SIM



Stephen Sim is a Winnipeg improviser, actor, voice actor, writer, teacher and Artistic Director. He does a lot of things. Primarily known for being a founding member of the international improv duo CRUMBS. He is also the founder and Artistic Director of the Winnipeg IF... Improv Festival

Perhaps you've seen him hosting TEDxWinnipeg, or performing at the Winnipeg Fringe Festival or organizing the Winnipeg Improv Festival. He has used his expertise in improv and applied it to every project he's involved in. A class with Stephen will have participants walk out more confident speakers, more creative storytellers and better communicators. You too will experience the power of improv and see how it can be applied to almost anything.

HIP HOP MASTER CLASS - GENIE BAFFOE



Eugene Baffoe, known in the hip hop community as "GeNie" is a freestyle battle Dancer from Montreal, Quebec. He has been training in the field of Hip Hop for the last decade, teaching, choreographing and directing at a professional level over the last 6 years. GeNie currently heads Winnipeg's newest and fastest growing urban Hip Hop dance crew "B.O.S.S Dance Team" (Built on Self Success). The group began in the summer of 2011 and made its debut at the Bomber game halftime show in September of 2011. He is also the co-creator and director of a non-profit Charity Dance Showcase "Dance 4 MS" which he began in 2009. The event raises money to cure Multiple Sclerosis by donating all proceeds to the Manitoba MS Society. With its first ever sold out show in May of 2012, the annual showcase has raised over \$5,000 over the span of 4 years.

His choreography has been showcased in Manitoba Dance festival, Showtime Productions, local Musical Theatre productions of "RENT", flashmobs, High school events, debouts, and hip hop dance teams over the past 3 years. He has worked with renowned choreographers such as "Lil C", Tucker Barkley and Brian Friedman. GeNie is a featured dancer in the upcoming U.S feature film "Strings" in theaters April 2014. Honoured by the city of Winnipeg with the "Youth Role Model Award" in 2009, Eugene is a committed teacher/choreographer never forgetting that he remains a student of dance.

MINDFULNESS WORKSHOP - KEITH MACPHERSON



Keith Macpherson has a big vision. He believes that mindfulness can and will be made accessible to everybody on the planet. No matter what age or demographic, according to Keith Macpherson mindfulness is the entry way to finding balance, health, inner-peace and wisdom. With his down to Earth personality and charismatic charm Keith has a special ability to motivate the masses and win over even those who might otherwise neglect their health and wellness. As a trained life coach through CTI (Coaching Training Institute, San Rafael, CA) along with a B ED Degree and extensive yoga teacher training through Moksha Yoga International, Keith Macpherson is poised to be a global leader in community leadership involving mindful health and wellness. Keith's keynotes and workshops along with his live yoga classes are consistently packed with students along with thousands of online downloads of his instructional videos and Live DVD Series. Not only is Keith a mindfulness coach but he also offers his authentic gift of live music performance everywhere he goes. Keith Macpherson believes that both mindfulness and music are the universal languages that bring people together in harmony as one planet. With a strong dream of accessible health and wellness for our global community, Keith Macpherson is truly on his way to fulfilling his vision of a healthier planet aligned mentally, physically and spiritually. Keith has spent over twenty years touring globally as a speaker and performer in countries including Canada, The United States, Mexico, Africa, Dubai and The United Kingdom.

THE HIGHS/LOWS AND IN-BETWEENS OF THE DANCE BIZ DAMMECIA HALL, JILLIAN WILLEMS & JOLENE BAILIE



DammeCIA Hall has spent the last four years compiling over 2 decades worth of study in various dance styles, focused into a passion mainly in Hip-Hop & other Urban Genres. As a graduate from The School of Contemporary Dancers, Senior Professional Program & accomplishing a B.A in Dance with Honours from The University of Winnipeg. Her devoted time working as an Independent Professional Dancer with Winnipeg's NAfro Dance Production & Toronto's Collective Of Black Artist inspired a deeper artistic development. DammeCIA is known for her high energy & comprehensive style of leading that embodies the principles of Body, Mind, Spirit, Musicality & Rhythm. It is her philosophy along with the mission to protect the integrity of all Art Forms through preservation & sharing the Foundation Material, all while encouraging the ever innovative Energy of future generations!!!!



Jillian Willems: Select creative credits include; Guys & Dolls (Director, WSO/Rainbow); Pippin (Choreographer, WST/MIC); Chicago (Director/Choreographer, Pizza Party); Breaking Up is Hard to Do (Choreographer, Rainbow Stage); American Idiot (Choreographer, WST); Mr. Burns (Choreographer, District Theatre Collective). Select performance credits include: South Pacific (Winnipeg Symphony); A Charlie Brown Double Bill (MTYP); South Pacific (Regina Symphony); Heathers (WST); Dogfight (Threeform); Follies (Dry Cold); Annie (Rainbow Stage). Watch for Jillian in the ensemble of Rainbow Stage's upcoming production of Cinderella.

CONTINUED: THE HIGHS/LOWS AND IN-BETWEENS OF THE DANCE BIZ DAMMECIA HALL, JILLIAN WILLEMS & JOLENE BAILIE



Jolene Bailie is a choreographer, director, and producer of contemporary dance. Her work expresses a deeply human experience that is honest, complex, and thorough. She has created 39 original works, including ten full length works, holds a Masters of Fine Art in Dance from The American Dance Festival/Hollins University, a BA Hons degree, a Teachers Certificate with Distinction, and over twenty years of professional performance experience. She is the Founding Artistic Director of Gearshifting Performance Works and Interim Artistic Director of Winnipeg's Contemporary Dancers. In fall 2019, Jolene will take on the Artistic Director position full time at Winnipeg's Contemporary Dancers, Canada's oldest and longest running contemporary dance company.

GRANT WRITING WORKSHOP - GERRY ATWELL



Born and raised in Winnipeg, Gerry Atwell is a multi-disciplinary artist who has worked professionally in Music, Theatre and Visual Arts as well as Film and Television. Gerry has won a Juno Award with Indigenous band Eagle & Hawk as and has been nominated for a Blizzard Award for the TV drama he wrote entitled Hands of Ida.

Between 1986 and 1992, Gerry worked for Results Group Market Research in Winnipeg rising to the position of Research Analyst, which included project managing a 5 week Canadian trade mission to China and Hong Kong. Since 1995, Gerry has worked as a consultant for arts and community organizations in the areas of grant writing, fund raising and program development for a variety of organizations such as: Assiniboine Park Conservancy, Manitoba Artists in Healthcare, Manitoba Cultural Society of the Deaf and more...

Gerry designed and secured the initial grant funding for Broadway Neighbourhood Centre's acclaimed JustTV youth video program now celebrating its 10th year of operation.

Gerry's presentation is geared for those starting out in writing grant proposals and will cover basic ideas and techniques that he has employed over the years to secure grant funding for local Winnipeg community and art initiatives.

MENTAL HEALTH LITERACY FOR ARTISTS - JÓN OLAFSON



Jón Olafson is a registered clinical therapist and mental health services consultant with over 10 years of experience working in educational, community, and healthcare settings. He currently coordinates counselling services and leads mental health initiatives for Winnipeg's largest school division, is the Clinical Therapist at Our Own Health Centre, and teaches in the Counselling Psychology Department at the University of Manitoba.